

Youth Activities Programme School Holidays 2012



The Mount Batten Watersports & Activities Centre,
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Adventure Days



The cost for each day is £35.00

Each day starts at 9am & finishes at 4.30pm

Minimum age 8 years

Activity

Dates

Hawk 20 Sailing Day

15th Feb, 4th & 11th April, 6th June, 25th July, 1st Aug, 8th Aug, 15th Aug, 22nd Aug, 29th Aug, 31st Oct

An introduction to expedition sailing, working together with an instructor and 6 students in each boat. The day consists of a sail around Plymouth Sound and lunch at a local spot. Non certificated.

Kayaking & Canoeing Day

6th & 13th April, 8th June, 27th July, 3rd Aug, 10th Aug, 17th Aug, 24th Aug, 31st Aug

Try raft running or kayak polo. A playful introduction or an opportunity to practice paddling skills in a mixture of kayaks & open canoes. Non certificated.

Climbing & Abseiling Day

16th Feb, 6th & 13th April, 8th June, 27th July, 3rd Aug, 10th Aug, 17th Aug, 24th Aug, 31st Aug, 1st Nov

An introduction to climbing and abseiling on our local limestone beach crag. No experience needed. Non certificated.

Dinghy Sailing Day

5th & 12th April, 7th June, 26th July, 2nd Aug, 9th Aug, 16th Aug, 23rd Aug, 30th Aug

A one day taster session. This day is for beginners who would like to see if they enjoy the sport. Non certificated.

Windsurfing Adventure Day 31st July, 14th Aug

It's wet, it's wild, it's windsurfing. An opportunity to find out whether this popular sport is for you. Non certificated.

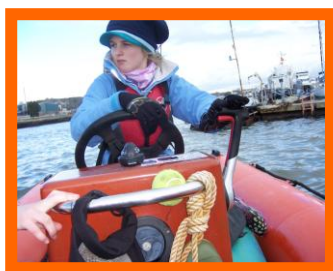
Coasteering Adventure Day 7th Aug, 21st Aug

Challenge your climbing skills traversing the sea cliffs, challenge yourself jumping and swimming the gaps. A safety boat is in attendance and buoyancy aids are worn. Water confidence is essential. Non certificated.

Multi Activity Week (5 days)

£165 13th – 17th Feb, 2nd – 6th April, 9th – 13th April, 4th – 8th June, 23rd – 27th July, 30th July – 3rd Aug, 6th – 10th Aug, 13th – 17th Aug, 20th – 24th Aug, 27th – 31st Aug, 29th Oct – 2nd Nov

A combination of several adventure activities. These will be a mixture of fun Adventure Days e.g. kayaking, sailing, climbing. The weather will dictate which activities are available on which days. Non certificated.



Certificated Courses



Activity

Cost

Dates

BCU Paddlepower Passport Level 1 (2days) £70

13th & 14th Feb, 2nd & 3rd April, 9th & 10th April, 4th & 5th June, 23rd & 24th July, 30th & 31st July, 6th & 7th Aug, 13th & 14th Aug, 20th & 21st Aug, 27th & 28th Aug, 29th & 30th Oct

This two day introductory course is for beginners or those with limited experience. You will be taught the basic skills of forward and reverse paddling, turning, and basic safety techniques including what to do in the event of a capsized. Skills will be taught using plenty of games.

RYA Junior Powerboat Level 1 (1 day) £65

17th Feb, 5th & 12th April, 7th June, 2nd Aug, 16th Aug, 2nd Nov

Learn how to drive a powerboat! This RYA course covers basic safety and boat handling skills. Minimum age 12 years. Certificates will be endorsed until the age of 16 for supervised use only.

RYA Youth Sailing Stage 1 & 2 (5 days) £230

2nd – 6th April, 4th – 8th June, 23rd – 27th July, 30th July – 3rd Aug, 6th – 10th Aug, 13th – 17th Aug, 20th – 24th Aug, 27th – 31st Aug, 29th Oct – 2nd Nov

This course covers various aspects of sailing, including launching and recovery, steering, parts of the boat and basic sailing. By the end of the course you will have a range of sailing skills and background knowledge. You will be able to tack and control boat speed, have an understanding of basic principles and be well on the way to becoming a confident small boat sailor. Successful candidates will receive an RYA Qualification.

RYA Youth Sailing Stage 3 (5 days) £230

9th – 13th April, 4th – 8th June, 23rd – 27th July, 30th July – 3rd Aug, 6th – 10th Aug, 13th – 17th Aug, 20th – 24th Aug, 27th – 31st Aug

On successfully completing a stage 3 course the sailor can make independent decisions as to, choice of course, sail setting, dagger board adjustment. They will also be able to happily sail upwind, downwind and around a triangular course.

ALL COURSES ARE SUBJECT TO A MINIMUM NUMBER OF PARTICIPANTS

About Us

The Mount Batten Watersports and Activities Centre is experienced in delivering an outdoor education service not only to the people of Plymouth, but nationwide. It is staffed by qualified instructors and has full activity insurance. All activities have been risk assessed and approved; we have been awarded the Adventurous Activities License and are a recognized RYA Teaching establishment. The Mount Batten Watersports & Activities Centre is a member of the Institute of Outdoor Learning and has recently been awarded with the Learning Outside the Classroom Quality Badge.

The centre is voluntarily registered with Ofstead and can therefore be classed as providing child care for young people whilst parents work, hence costs maybe offset by many parents.

How to Book your place

Booking are acceptable on a first come, first served basis on receipt of a fully completed booking form plus payment. We accept cash, cheque or most credit and debit cards. Cheques must be made payable to Mount Batten Park Ltd. Booking forms can be obtained at the Mount Batten Centre or online at www.mount-batten-centre.com.

Included in the full price of the course is all instruction, equipment and certificates (unless stated otherwise), transport to off site locations and parking for attendees.

Not included in the price is a packed lunch and change of clothes.

The Mount Batten Watersports and Activities Centre has changing rooms, hot showers, training rooms and a licensed bar. Our new Waterside Café serves light refreshments; opening times will vary during the winter season. Please ask for up to date details.

Accommodation

We have a range of comfortable, good value fully catered accommodation for up to 53 people in 23 rooms—twin, double, three or four bedded—many with spectacular waterside views. The rooms are simple but comfortably furnished with bunk style beds and hand basins. We have 4 en-suite rooms.

Wheel chair access to the rooms, toilets and showers plus a lift makes staying at the Centre easier.

www.mount-batten-centre.com



*Come out of your shell
at the Mount Batten Centre!*