

OUTDOOR ADVENTURE COURSE LEVEL 1



(NCFE) Level 1 Award in Personal Development for the Outdoor Industry
(NVQ) Level 1 Award in Sport and Active Leisure
(NVQ) Level 1 Award and Certificate in Sport

START DATE : 7th September 2011

FINISH DATE : 9th July 2012

Mondays and Wednesdays

9.00 a.m. - 3.00 p.m.

WHAT IS THIS COURSE ABOUT?

This course is designed to introduce individuals to working within the outdoor industry. During this course you will get the opportunity to experience many outdoor pursuits such as:



This course is very activity-based and a portfolio is produced which demonstrates all you have learnt. We welcome anybody who is enthusiastic and is willing to try and gain from new experiences. You do not need to be particularly sporty. Upon successful completion of the course you will be awarded a NCFE Award in Personal Development for the Outdoor Industry, City and Guilds NVQ Level 1 Award in Sport and Active Leisure, City and Guilds Certificate in Sport. During the course you also have the opportunity to obtain the following National Governing Body Awards:

RYA (ROYAL YACHTING ASSOCIATION) LEVEL 1 and 2 SAILING

RYA/HSE FIRST AID

RYA LEVEL 2 POWERBOAT

RYA LEVEL 1 WINDSURFING

BCU (BRITISH CANOE UNION) 1 & 2 STAR CANOE AND KAYAK

BCU FOUNDATION SAFETY AND RESCUE TRAINING

NNAS (NATIONAL NAVIGATION AWARD SCHEME) BRONZE AWARD

(No previous experience or knowledge is required).



WHAT WILL I NEED TO BRING WITH ME?

This will depend upon the activity you are undertaking. You do not need to buy any specialist kit as this will be provided.

IS THERE A PROGRESSION ROUTE AFTER THIS COURSE?

By the end of the course a successful candidate will be equipped with the various activity and leadership skills, an understanding of working practises within the outdoor industry and probably a better knowledge of oneself. This course could provide you with enough outdoor qualifications to obtain an assistant instructor post within the industry. You may wish to continue your learning and enrol on the NVQ Level 2 Outdoor Adventure course run at the Centre. You may wish to enter Further Education. This course may give you the confidence to try something completely different.

IF YOU ARE INTERESTED PLEASE CONTACT JO WESTCOTT ON 01752 406444
 jo.westcott@mount-batten-centre.com

